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Chicken and Gravy | Dump and
Go Crockpot Meal | Chicken
Crockpot Recipe **If I could
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what i eat in a busy week:

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~~EASY FALL SLOW COOKER MEALS~~

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problems, insomnia and
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The term dump recipes refers to recipes that you will literally dump all of the ingredients in a bag, baking pan, or slow cooker and then cook as directed. These

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Cooker that are actually

~~Amazing~~

Some amazingly fresh mushrooms I found at our local farmers market inspired this recipe. When you start with the best ingredients, you can't go wrong. —Jenn Tidwell, Fair

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Oaks, California

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~~Recipes Taste of Home~~

Antioxidants came about
because I didn't have
pepperoncini for my usual
Italian pork recipe so I

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used pickles instead. It reminded me so much of a Cuban sandwich that I added the ham and Swiss cheese to complete the dish. Instead of adding cheese to the slow cooker, you can also build the sandwiches and top with

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Meals Dump Dinners
sliced cheese.

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Get on board the dump dinner
train with easy crock pot
recipes that require little
preparation and cook all by

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themselves with no stirring or fussing. Simply add the ingredients in the morning and go about your day. These foolproof recipes are so easy, even novice cooks can make them.

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handful of ingredients,
dumping them into a single
cooking vessel—a slow
cooker, casserole dish,
sheet pan, or Dutch oven—and
walking away until it's time
to eat.

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This shortcut gumbo
eliminates the (sometimes
tricky) step of cooking a

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roux to thicken the liquid.

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Dump Cake Dump From a Mix Recipes

These cake recipes are as simple as dumping all the ingredients together, and

baking. It's that easy! ...

This 4th of July, serve a festive 5-ingredient dump cake and let your guests

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enjoy a moist and colorful
dessert with a "berry"
fruity filling! By
sbennett05;

Antioxidants

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