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Neurokinetic Therapy An Innovative Approach
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"NeuroKinetic Therapy is an invaluable tool that will greatly
enhance a personal trainer's repertoire and level of expertise.

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Testing
Clients often come to trainers with old injuries that have subsequently created compensatory patterns or muscular imbalances.

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NeuroKinetic Therapy ® corrective movement system addresses the cause of pain – dysfunctional movement patterns stored in the brain. Discover why NKT ® system is

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Testing
the missing link in your treatment protocol.

NeuroKinetic Therapy – The Missing Link

NeuroKinetic Therapy: An Innovative Approach to Manual Muscle Testing. NeuroKinetic Therapy is based on the premise that when an injury has occurred, certain muscles shut down or become inhibited, forcing other muscles to become overworked. This compensation pattern can create pain or tightness. By applying light pressure that the client then resists, the practitioner can evaluate the strength or weakness of each muscle, revealing the sources of injury and retraining the client ' s body to ...

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“ NeuroKinetic Therapy clearly and thoroughly outlines muscle testing techniques along with related anatomy, but it is its use with the NeuroKinetic Therapy protocol that makes it a step up from massage and strengthening models more traditionally applied. I defer to David for those difficult to unravel pain patterns, both professionally and personally, and always with success. ”

NeuroKinetic Therapy: An Innovative Approach to Manual ...

NeuroKinetic Therapy ® corrective movement system is a

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sophisticated bodywork modality that can be used as both an assessment and rehabilitative technique for low back pain, neck pain, carpal tunnel, and other injuries. David Weinstock, author of Neurokinetic Therapy, an Innovative Approach to Manual Muscle Testing, co-developed this technique in the mid-1980s, and has used it to treat a variety of disorders that are featured on this website.

Overview – NeuroKinetic Therapy

NeuroKinetic Therapy® corrective movement system is based on the premise that when an injury has occurred, certain muscles shut down or become inhibited, forcing other muscles to become overworked. By applying light pressure that the client then resists, the practitioner can

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Training
evaluate the strength or weakness of each muscle, revealing the sources of injury and retraining the client ' s body to remove the compensation patterns.

The Book – NeuroKinetic Therapy

Thomas has also created the NKT® Masters Series, an instructional video series for veteran students looking to learn advanced techniques and clinical applications not taught in the NKT® course curriculum.

Certified Practitioners – NeuroKinetic Therapy

NeuroKinetic Therapy® corrective movement system, is a sophisticated assessment and treatment modality that addresses the causes of dysfunctional

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Testing/movement/coordination problems at their root in the motor control center in the cerebellum. The motor control center stores these patterns and directs their completion through the spinal cord and the muscles.

About NKT® Seminars – NeuroKinetic Therapy

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NeuroKinetic Therapy. NeuroKinetic Therapy® is a corrective movement system that uses manual muscle testing to assess and correct movement dysfunctions. This technique developed by David Weinstock is a rehabilitative tool and an assessment technique for low back pain, knee pain, jaw pain (TMJ dysfunction), balance issues, surgical rehab, other injuries, and postural problems.

NeuroKinetic Therapy • Integrative Movement Therapy
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Amazon.co.uk:Customer reviews: Neurokinetic Therapy: An ... David Weinstock, founder of NeuroKinetic Therapy Seminars, graduated from Johns Hopkins University in 1973, as a pre-med student. David ' s book “ NeuroKinetic Therapy, an Innovative Approach to Manual Muscle Testing, was published by North Atlantic Books and Random House in 2010. It is now translated into many foreign languages.

Online Anatomy & Kinesiology Course

Neurokinetic Therapy is an interesting introduction to muscle testing that gives agonist, antagonist, and synergistic muscle groups in an easy to understand format. It allows a neophyte to this form of analysis a clearer insight into how

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to gain a greater perspective about the musculoskeletal problems with which patients can present.

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